

# DISCOVER THE YOU IN YOU DO YOU

Embark on a personalized discovery that leads you to a greater understanding of yourself and the world around you!



With the flexibility to choose your journey, you will get back on track to your best life. Unlocking your potential starts here

## WHAT YOU CAN EXPECT

- Approximately 2 hours per session to tune out distractions and focus inward
- Written recap of the decisions you make
- Goal tracking tools
- Package pricing on Momentum check-ins

## CHOOSE YOUR SESSIONS

**1 session**

**\$ 300**

**2 sessions**

**\$ 575**

**3 sessions**

**\$ 850**

**Add a session**

**\$ 250**



### Uncovering your Strengths

Getting in touch with how you're made drives passion and purpose



### Insights from your Personal Map

Meant to inform, not define, hindsight from your past brings valuable insight to assessing your Personal World



### Assessing your Personal World

An in-depth guided tour of your life today provides a solid foundation for deciding your next steps.



### Calibrating to your Priorities

Work/life balance is an impossible standard. Give yourself permission to choose your priorities.



**Assessing your Personal World** is a prerequisite for **Calibrating to your Priorities** and **In-depth Tour of an Area of Life**



### In-depth Tour of an Area of Life in your Personal World

Choose an area of your life to explore in-depth then make commitments to a plan of action

**Pam Finch**  
**Your champion for change!**

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